

More of What People Are Saying about The Job-Loss Recovery Guide

"Powerful! Compelling! Much Needed! Lynn Joseph masterfully orchestrates savvy and techniques that really work. Highly recommended for anyone seeking to take charge of his or her career - and life."

Alan Cohen

Author of twenty books, including:

Looking in For Number One

Why Your Life Sucks and What You Can Do About It

And the bestselling The Dragon Doesn't Live Here Anymore

"People who have lost their jobs can feel profound fear and trepidation. Lynn Joseph's work is a true gift to them."

Marianne Williamson

Author of the *New York Times* bestseller *A Return to Love*

Everyday Grace: Having Hope, Finding Forgiveness, and Making Miracles

A Woman's Worth

"**The Job-Loss Recovery Guide** is a practical guide for using the power of imagery to recover from the trauma of job loss, by making new body-mind-spirit connections. Dr. Lynn Joseph's step-by-step strategies are easy to follow and will help you move quickly toward success and healing. Her companion CD and User Guide are excellent tools to reinforce your new learning."

Barbara M. Dossey, PhD, RN

Director Holistic Nursing Consultants

Santa Fe, New Mexico

Author of *Rituals of Healing*

Holistic Nursing: A Handbook for Practice

Florence Nightingale: Mystic, Visionary, Healer

"A powerful program! Quickly take control of your future with this step-by-step job-loss recovery program."

Mikela and Philip Tarlow

Authors of *Digital Aboriginal: The Direction of Business Now*

Navigating the Future

"A If you've lost your job, don't set this book down. Dr. Joseph can teach you how to take control, reclaim your self-confidence, and get back to work NOW."

Naomi Shively, MBA, MA

Owner, Today's HR LLC, and former VP, HR, for IHOP Corp. and for Circuit City Stores

What Job-Loss Recovery Program™ participants are saying:

"I felt extremely relaxed and peaceful. My difficult emotions subsided during the last three sessions."

Dianne Denny, Marketing Director

"I felt relaxed and in control...safe and hopeful (for the future). Also, this [program] helped to build inner peace and confidence."

Paula Hom, Publications and Communications Supervisor

"I was very fortunate to be a member of your study group...and I will always appreciate it. Your program addressed inner control and understanding, while allowing one to move past the emotional side of being laid off."

Rick Aney, Manager, Systems and Technology

Rick later wrote: "The company I went to work for has started major downsizing. My [department is] being outsourced to India. This is business, and change is part of the game. Rest assured your program will help me address the challenge ahead."

Additional comments from readers and listeners:

"I'm currently feeling well prepared for future interviews. Expecting marked improvement on previous weak points."

"I was anticipating it being my last [session] and wanted to fully focus and experience the emotion, calm, and imagery of 'encounters'. Was very pleasant and heartening. Relaxation techniques are valuable. The images one creates of their ideal self and in dealing with the job loss experience and job interview success imagery are valuable."

"Helps me relax during interviews.... Also helps project a better image of myself during interviews."

"I felt relaxed and in control....safe and hopeful (for the future). Also, this [program] helped to build inner peace and confidence."

"I now have a greater sense of perspective. Sessions 1 - 3 can be used to deal with other past life issues. Daily use of this session would have great therapeutic value..."